

APRIL 28, 2024

# LIVING THE GOSPEL THIS WEEK

WITH FR. GEORGES SAC



How can we practice remaining in Jesus?

“Remain in me, as I remain in you.”  
(John 15:4)

Dwelling in Jesus must become our goal so that Jesus can become our home. For this week here are some suggestions.

**1. Examination:** At the end of each day take a brief inventory and ask yourself some questions: “Was Jesus present in my life today?” “Where was I remaining throughout this day?” – If you sense fear, anxiety, shame, anger, self-ambition, bitterness, then you need to understand that you were far away from him. You did not invite him enough or at all. However, thank Jesus for his love and his desire to abide in you! Say a prayer to the Holy Spirit.

**2. Listening:** Remember Jesus is knocking at the door of your heart. He desires to be with you everywhere you go (Rev 3:20). Talk to Jesus in the beginning of your day and ask him, “What do you want to say to me?”

Invoke the Holy Spirit and then listen to Jesus. Stay still for 5-10 minutes and abide in Jesus.

**3. Gratitude:** Practice this every day to thank God for everything; I say everything, even the littlest things. God is in every aspect of our lives. St. Vincent Pallotti, advises us to seek God in everything and we will find God in everything. Please sing or say the Magnificent (Luke 1:46-55).

Finally, the fecundity of our Christian life depends on how much we truly abide in Jesus for everything we do or say flows from this intimate and powerful relationship.

**“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me, you can do nothing.”** (John 15:5)

Fr. Georges R. BIDZOGO SAC